## **Employee Training Log**

This Silica Exposure Control Plan was reviewed with me and I understand the requirements of this program.

I have also received training on the following topics;

- 1) The hazards of silica exposure
- 2) How to properly use, maintain, and safely clean the equipment we have chosen to protect us.
- 3) Control measures to help avoid silica exposure when it is generated by others, proper personal hygiene I should be using, and proper housekeeping practices to avoid silica exposure.